



WHERE ARE YOU **NOW?**



Before we can plan for our future, it's important to know where you are now. Take a moment to review the following questions and tick Yes or No.

No.	Question	Yes	No
1	I have a clear picture of where I am going with my career in the next five years		
2	I have told others about my plans		
3	I have set specific targets for my personal life over the next five years		
4	Do those you count on for support know about these targets? (family, close friends, etc)		
5	I consider it a failure when I do not accomplish my goals		
6	I am satisfied with my personal life progress		
7	I believe success is all about luck		
8	My underlying values are clear in my mind		
9	Have you written your values down?		
10	I often find myself thinking, 'Why even try, I won't make it.'		
11	Are you as successful and fulfilled as you can be?		
12	I think people can change their attitudes		

What could you improve, that could assist you in the job seeking process?

What are the barriers in life that prevent you from reaching your goals?